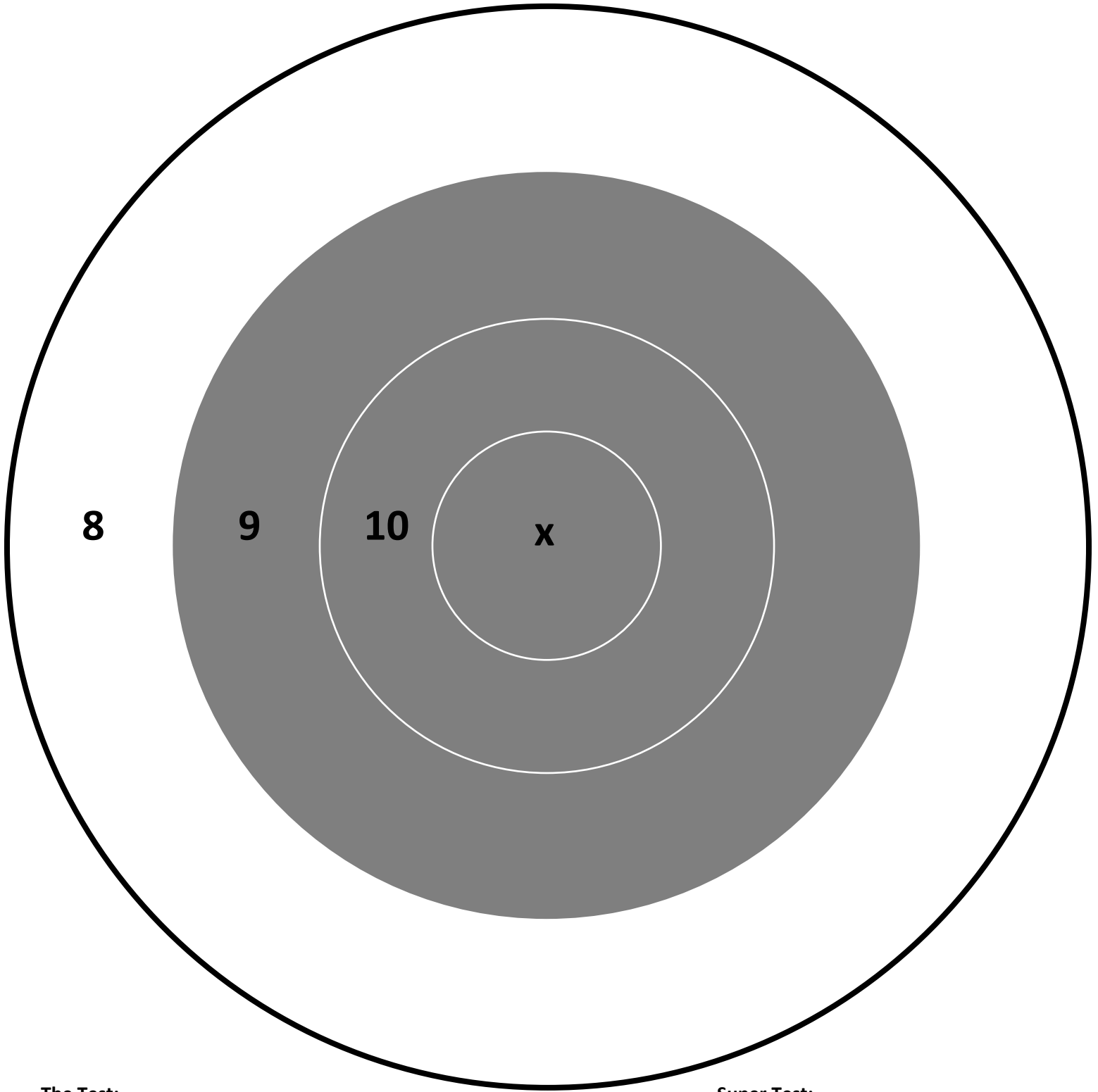


Name: _____

Date: _____

Pass/Fail: _____

X = 10 Points, 10 = 10 Points, 9 = 9 Points, 8 = 8 Points, Mikes = 0



The Test:

10 yards, 10 rounds in 10 seconds

Super Test:

15 yards, 10 rounds in 15 seconds

10 yards, 10 rounds in 10 seconds

5 yards, 10 rounds in 5 seconds